

A partial view of a classical building with a clock tower on the left side of the image. The building features a large clock face and ornate architectural details.

INCLUSIVE CARE MODEL IN ASSISTED REPRODUCTION: TRANS PATIENT PERSPECTIVES



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- 3.TRANS PEOPLE EXPERIENCE PROJECT**
- 4.RESULTS**
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INTRODUCTION



Catalonia, within its public health system, since 2023, has a **protocol for access to assisted reproduction techniques** that includes **people with the capacity to gestate, including trans men**, without a partner or with a partner who does not produce sperm or if they do produce sperm, they do not have the capacity to fertilize

FUNDACIO PUIGVERT is one of the centers that offers this portfolio services

INTRODUCTION

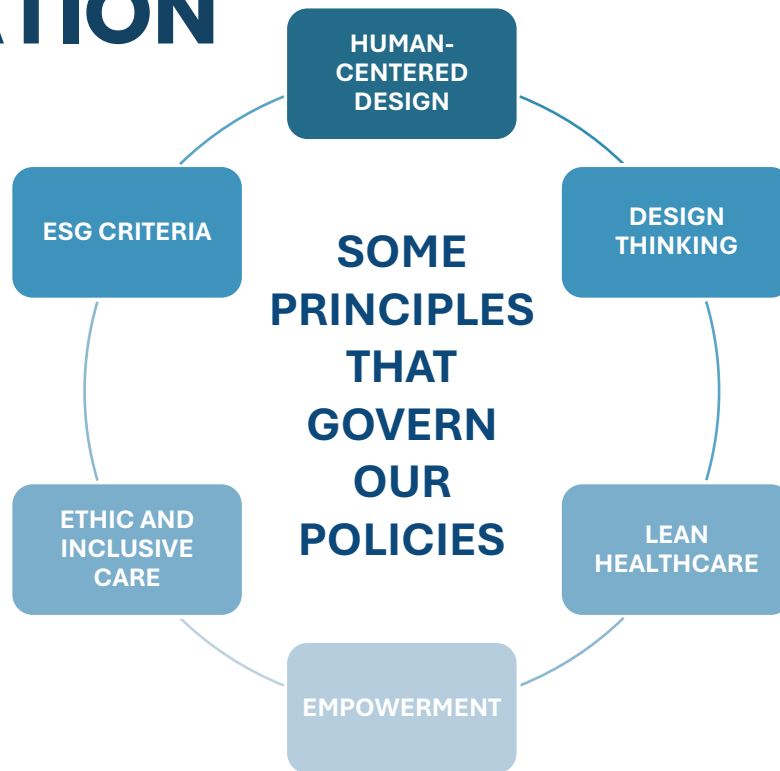


FUNDACIO PUIGVERT is a monographic institution of Urology, Nephrology, Andrology and Reproductive Medicine

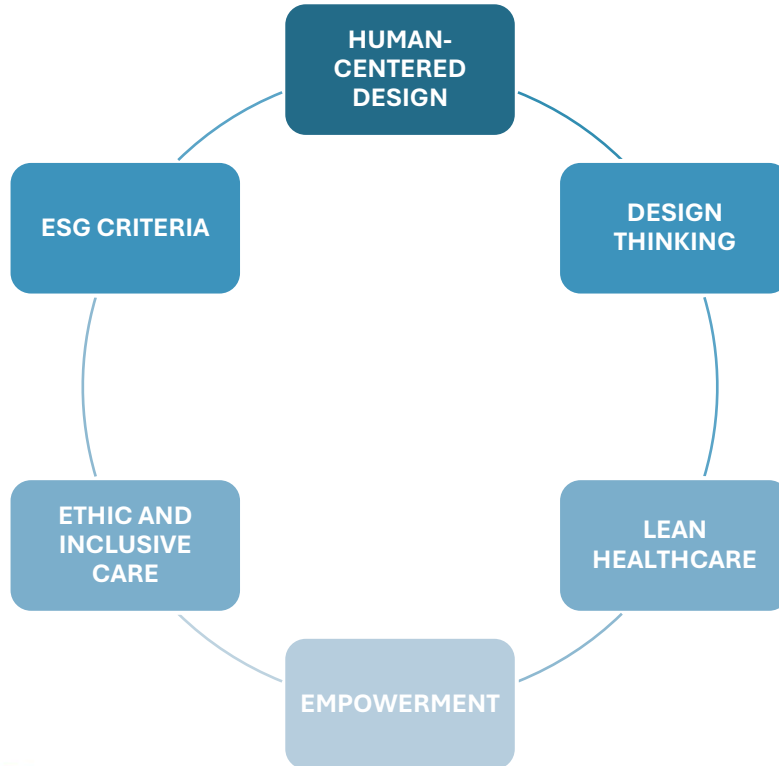
Located in Barcelona

University institution, which offers **public care** to a reference population and offers **private care** worldwide

JUSTIFICATION



JUSTIFICATION



TRANS* PEOPLE EXPERIENCE PROJECT



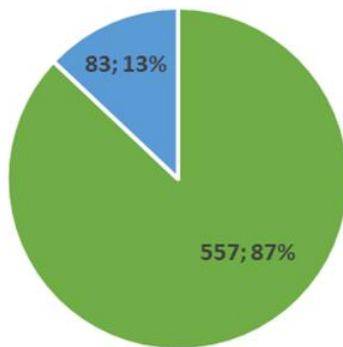
Phases of the Patient Experience Project for trans patients in assisted reproduction programs:

1. Ad hoc surveys for healthcare teams
2. Focus groups with trans people who have successfully conceived a child
3. Co-creation workshops

RESULTS

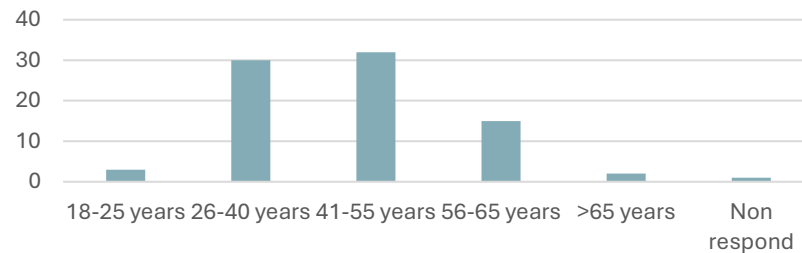
ADHOC SURVEY FOR HEALTHCARE TEAMS

% Response



■ No response ■ Response

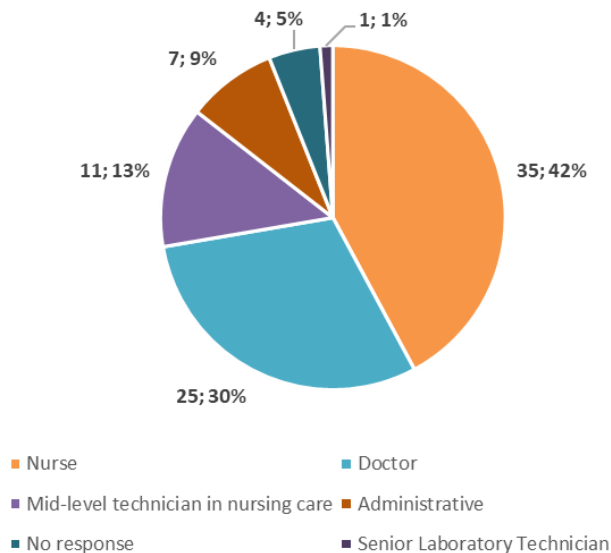
Age of respondents



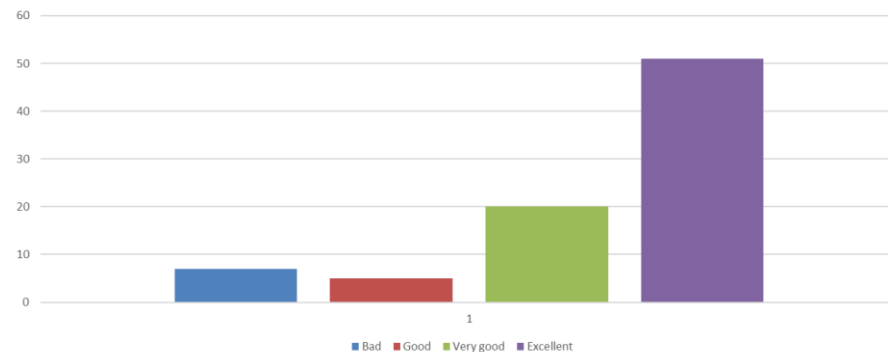
RESULTS

ADHOC SURVEY FOR HEALTHCARE TEAMS

Profession of respondents



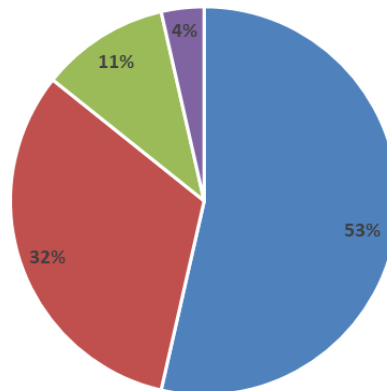
How have you felt when caring for a trans* patient?



RESULTS

ADHOC SURVEY FOR HEALTHCARE TEAMS

Reasons that make them feel uncomfortable



- Ignorance of inclusive language
- Making the trans* patient feel bad
- Non-inclusive medical history
- Lack of specific protocols

RESULTS

ADHOC SURVEY FOR HEALTHCARE TEAMS

What barriers exist in the health system for trans* people, according to health professionals?



RESULTS

ADHOC SURVEY FOR HEALTHCARE TEAMS

What improvements should be implemented in the health system according to health professionals?



RESULTS

FOCUS GROUPS WITH TRANS* PEOPLE

3 topics are discussed:

- Key points of the process
- Positive experiences/WOW experiences
- Experiences that could be improved



RESULTS

FOCUS GROUPS WITH TRANS* PEOPLE

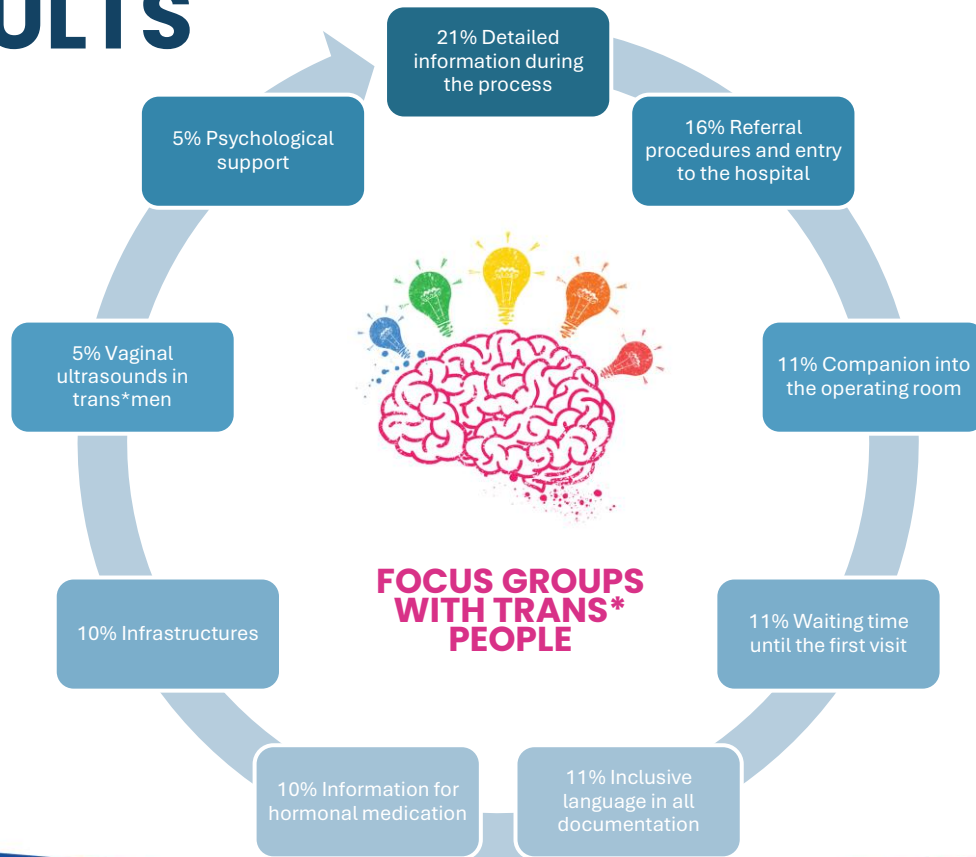
The results of the qualitative data analysis were shared and validated with the focus group participants

14 areas for improvement were identified

Before starting the co-creation workshops, participants voted individually on the 3 most important topics to prioritize



RESULTS



RESULTS

CO-CREATION WORKSHOP WITH TRANS* PEOPLE

21% Detailed
information during
the process

- Web content as a shared decision-making tool, with topics specific to trans* people
- Open other communication channels for people served in the program
- That the Puigvert Foundation train professionals in the transgender care units of the Catalan Department of Health.
- More information for trans* people about the effects of hormonal medications on their fertility and available options.

16% Referral
procedures and
entry to the hospital

- Propose to the Department of Public Health of Catalonia that it eliminate the binary code from health cards (male/female) so that trans* men can be referred without administrative problems to fertility treatment

RESULTS

CO-CREATION WORKSHOP WITH TRANS* PEOPLE

11% Companion into
the operating room

- Consider the possibility of having a companion throughout the surgical procedure. At least in the immediate postoperative period

11% Waiting time until
the first visit

- Create an SMS notification system to inform the user that we have received their referral and to consult the website for information on the process

11% Inclusive language
in the documentation

- Healthcare professionals should ask the person receiving care what gender they identify with upon arrival.
- This information should be included in the patient's record so that it is not necessary to ask each time.
- Eliminate binary language in the documents received by the patient.

RESULTS

CO-CREATION WORKSHOP WITH TRANS* PEOPLE

10% Information for
hormonal medication

- Create written documentation, in the form of a diagram, that lists all medications, instructions for use, and the specific timing of administration

10% Infrastructures

- The waiting room should have seating arrangements and a space that invites users to chat and share if they wish.
- The changing rooms should be non-binary.

5% Vaginal ultrasounds
in trans* men

- Offer non-transvaginal gynecological ultrasound whenever possible, and if possible, thin transvaginal probes.
- Don't assume that trans* men have a poor relationship with their genitals, or the opposite; ask questions and personalize care.

IMPLEMENTATION OF ACTIONS



TRAINING FOR THE CARE OF TRANS* PEOPLE

NON-BINARY INFRASTRUCTURES

GIVING VISIBILITY TO TRANS*PEOPLE

IMPROVEMENTS IN THE CIRCUIT OF COLLECTION AND DELIVERY OF SEMENS SAMPLES IN TRANS* WOMEN

A cluster of colorful geometric shapes, including triangles and polygons in shades of pink, teal, and blue, positioned above the "THANK YOU" text.

THANK YOU



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